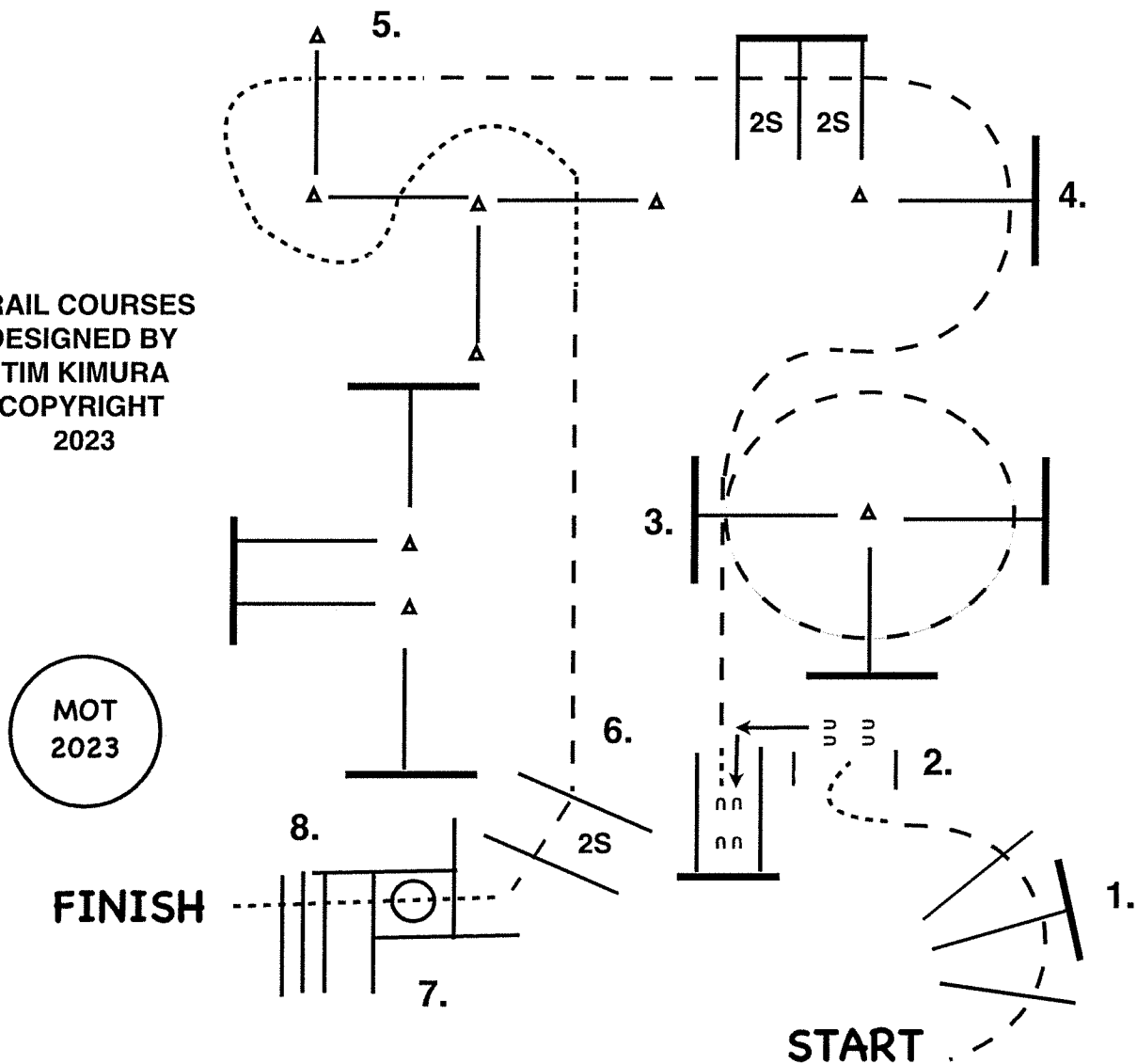


2023 KEYSTONE SHOWDOWN

SMALL FRY TRAIL

FRIDAY JUNE 16

TRAIL COURSES
DESIGNED BY
TIM KIMURA
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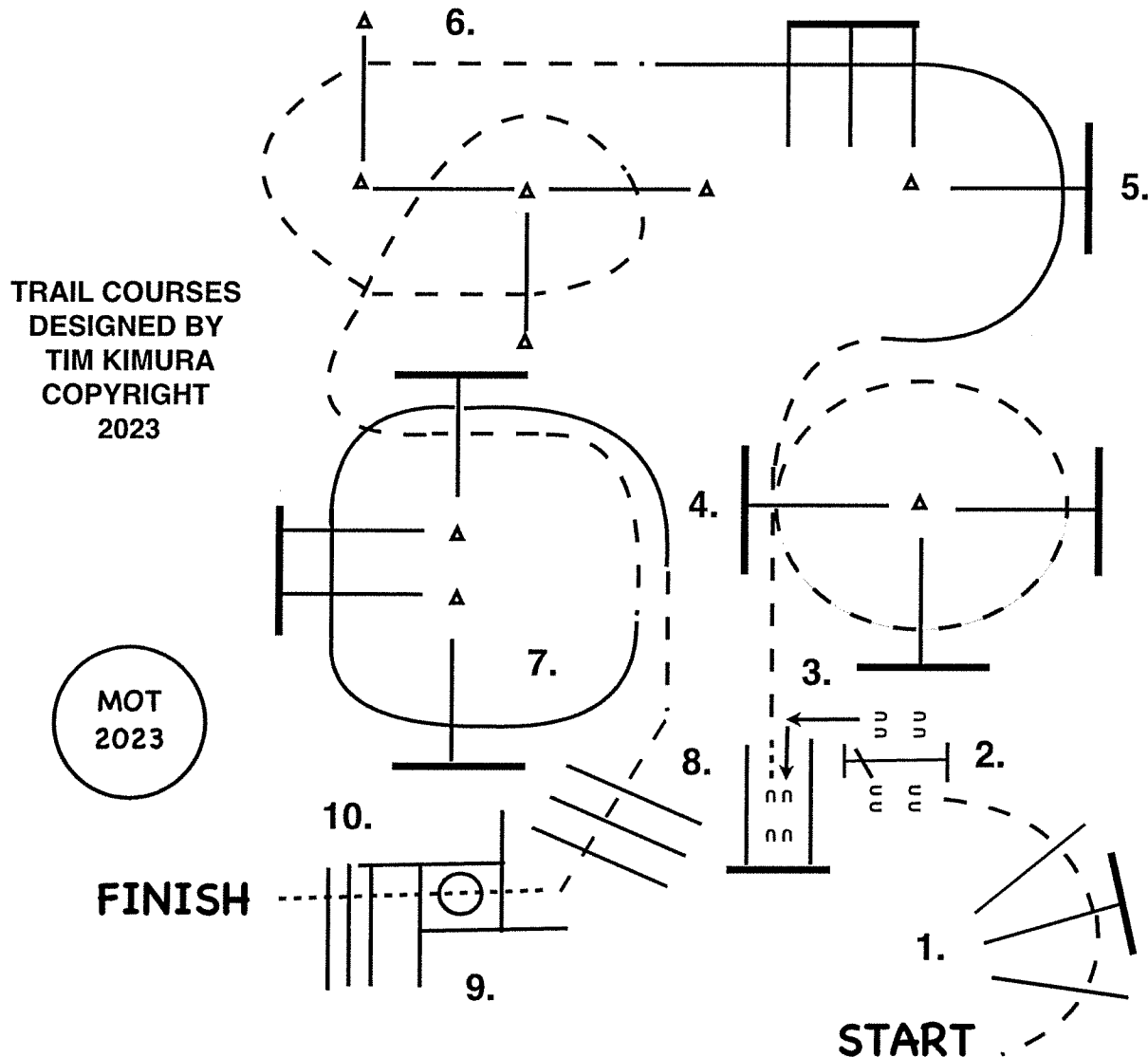


1. JOG OVER POLES, JOG UP TO GATE.
2. WALK THROUGH AND TURN RIGHT, THEN BACK BETWEEN POLES, BACK AROUND CORNER, WALK FORWARD.
3. JOG OVER POLES.
4. JOG OVER POLES.
5. BREAK TO THE WALK, WALK THROUGH SERPENTINE, WALK OVER POLES.
6. JOG OVER POLES.
7. STOP OR BREAK TO THE WALK, WALK INTO BOX, EXECUTE A 360 TURN EITHER WAY, WALK OUT BOX.
8. WALK OVER POLES.

2023 KEYSTONE SHOWDOWN

FRIDAY JUNE 16

GREEN & JUNIOR TRAIL NOVICE YOUTH NOVICE AMATEUR

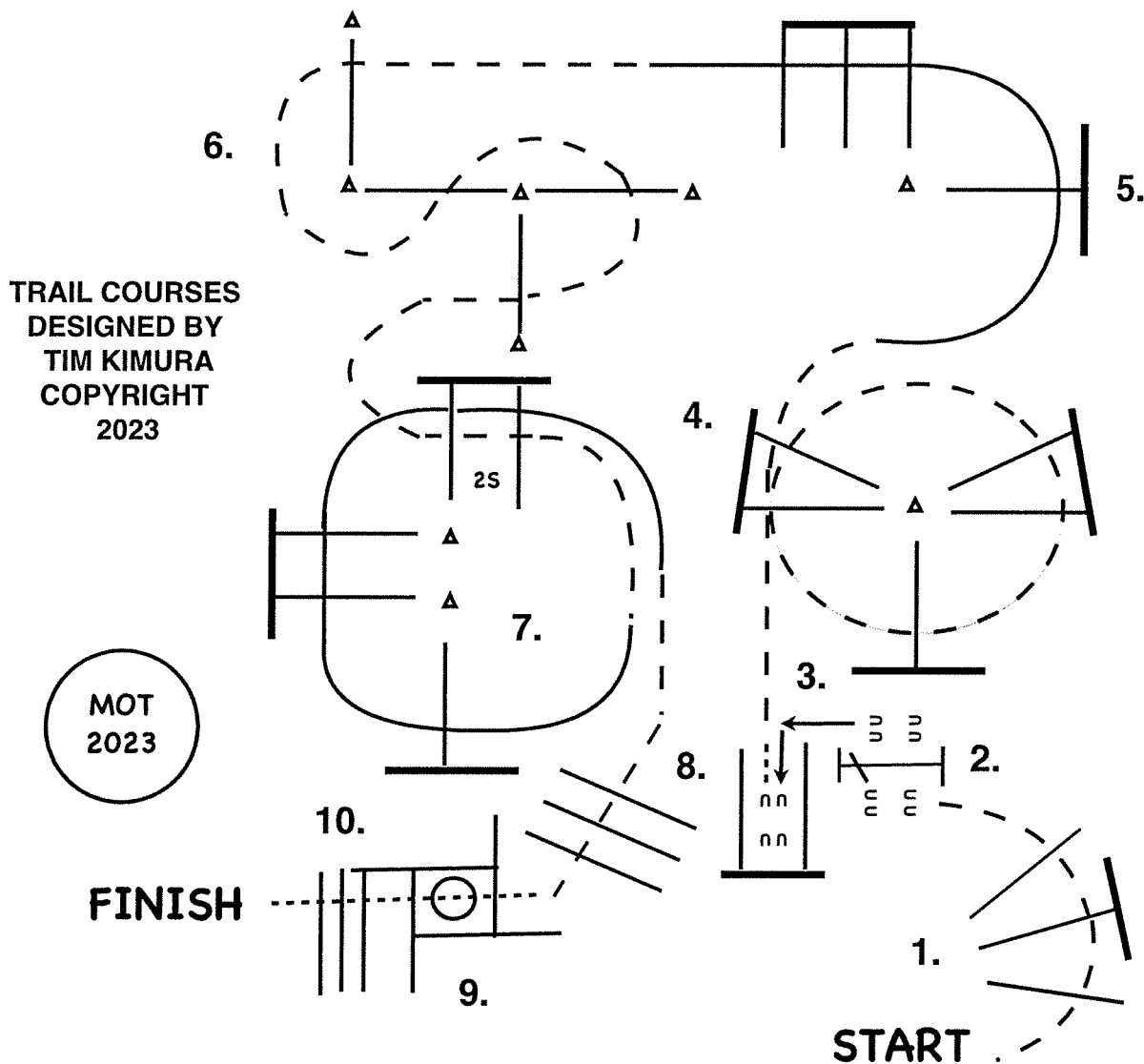


1. JOG OVER POLES, JOG UP TO GATE.
2. WORK GATE, RIGHT HAND, OPEN, WALK THROUGH AND CLOSE GATE.
3. BACK BETWEEN POLES, BACK AROUND CORNER, WALK FORWARD.
4. JOG OVER POLES.
5. LOPE OVER POLES (LEFT LEAD).
6. BREAK TO THE JOG, JOG THROUGH SERPENTINE, JOG OVER POLES.
7. LOPE OVER POLES (RIGHT LEAD).
8. BREAK TO THE JOG, JOG OVER POLES.
9. STOP OR BREAK TO THE WALK, WALK INTO BOX, EXECUTE A 360 TURN EITHER WAY, WALK OUT BOX.
10. WALK OVER POLES.

2023 KEYSTONE SHOWDOWN

FRIDAY JUNE 16

AMATEUR & SELECT YOUTH & SENIOR TRAIL



1. JOG OVER POLES, JOG UP TO GATE.
2. WORK GATE, RIGHT HAND, OPEN, WALK THROUGH AND CLOSE GATE.
3. BACK BETWEEN POLES, BACK AROUND CORNER, WALK FORWARD.
4. JOG OVER POLES.
5. LOPE OVER POLES (LEFT LEAD).
6. BREAK TO THE JOG, JOG THROUGH SERPENTINE, JOG OVER POLES.
7. LOPE OVER POLES (RIGHT LEAD).
8. BREAK TO THE JOG, JOG OVER POLES.
9. STOP OR BREAK TO THE WALK, WALK INTO BOX, EXECUTE A 360 TURN EITHER WAY, WALK OUT BOX.
10. WALK OVER POLES.